Toronto metro

MONDAY, NOVEMBER 28, 2016

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TORONTO UNTIL I DIE

#WomenOnBoards A five-part Metro special focus

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metroLIFE

Your essential daily news | MONDAY, NOVEMBER 28, 2016 High 9°C/Low 7°C Sunny

Airbnb tax worth $3M annually

May Warren
Metro | Toronto

Mayor John Tory wants Toronto to become the first city in Canada to tax short-term rental services like Airbnb, but he needs to win support from council first.

Tory's plan — announced last week, along with other revenue tools, including tolls on the Gardiner Expressway and Don Valley Parkway — is headed to executive committee Thursday.

A staff report estimates a tax of four to five per cent could bring in as much as $3 million annually.

The fee would be part of a larger hotel tax, expected to raise about $20 million a year overall.

Taxing short-term rentals is a way to "make sure we level the playing field and allow for fair competition in this emerging sector, just as we did for Uber and taxis," Tory said.

Thorben Wieditz, a researcher with UNITE Here Local 75 and a member of the Fairbnb Coalition pushing for greater regulation of short-term rentals, said the tax is only "one piece of the puzzle."

Wieditz said the tax should be tied to a licensing system and sites should be accountable when people violate the rules.

Barcelona, for example, recently fined Airbnb and Homeaway about $860,115 (CDN) for renting out unlicensed apartments, "which is also something to be considered when we think about revenue," Wieditz said.

While Toronto could become the first Canadian city to tax Airbnb, the idea has already caught on elsewhere, including a number of cities in the U.S.

"Our community wants to pay their fair share," said Airbnb spokeswoman Alex Dagg, noting the company has agreements in over 200 jurisdictions around the world to collect and remit hotel taxes on behalf of hosts and guests.

Santa Monica and San Francisco both charge a 14 per cent hotel tax while Philadelphia charges 8.5 per cent.

University of Toronto student Jessica Taylor.
EDUARDO LIMA/METRO

THIS DEGREE ISN'T CHILD'S PLAY

The increasingly professional, high paid, high tech world of the modern Toronto babysitter

metroNEWS

ATTENTION ONTARIO CERTIFIED TRADES PROFESSIONALS, EMPLOYERS, APPRENTICES AND PARENTS

The Ontario government has introduced amendments to the Ontario College of Trades and Apprenticeship Act that it plans to push through the legislature within the next two weeks. These amendments, buried in a budget bill, will diminish the value of a certificate of qualification in a compulsory trade – such as electrician, steamfitter, plumber, sheet metal worker and sprinkler installer. This may also impact trades in non-construction sectors.

Trades are designated as compulsory in order to protect workers and the public. Ontario law stipulates that only licensed professionals or registered apprentices can perform the work of a compulsory trade. The government's proposed amendments will allow cheaper, unskilled workers to do some of this work so that corporations can save money.

WHO SHOULD CARE IF THE AMENDMENTS PASS?

Parents: If your son or daughter is working as an apprentice they could be exposed to unsafe workplaces.

Employers who hire certified trades: You could lose work to competitors using cheaper, unskilled labour. Your focus on safety and training will be less valued.

Certified trades professionals: Your ticket (C of Q) that you worked so hard to achieve and you are rightfully proud of may no longer be of value. And you may be at risk on job sites where untrained individuals are doing the work you were trained to do.

Apprentices: Your workplace could become much more dangerous and your years of training for certification wasted.

Action: Let Premier Kathleen Wynne or your MPP know that there must be proper debate of these proposed amendments to ensure we keep Ontario families and workers safe. Email the Premier at kwynne.mpp.co@liberal.ola.org

BROUGHT TO YOU BY A CONCERNED CERTIFIED TRADES COALITION

metro NEWS
Your essential daily news

Trudeau pushed to admit Castro was actually a dictator. **World**

Humans of Toronto by K. Omar

"The best advice I got was that all you need to know are four things to be successful, and they are: show up on time, do what you say, finish what you start, and say please and thank you. I'll never forget it because I felt it was succinct. It was from a friend, and he lived by that and was very successful.

Humans of Toronto is K. Omar's social photography project aimed at photographing and talking to people in the city. Selections from her work feature weekly in Metro. See more at Humans of Toronto on Instagram.

Closure 'a real loss'

CULTURE

Beit Zatoun forced to shut down for area construction

Gilbert Ngabo
Metro | Toronto

A popular cultural centre in Toronto's Mirvish Village is shutting down to pave way for the neighbourhood's revitalization.

Beit Zatoun has served as a community hub for the past seven years, hosting over 1,000 events on a wide range of political and social issues. From public discussions and lectures to art exhibitions and music or poetry, the little building adjacent to Honest Ed's is set to host its final event Wednesday.

"It's a real loss," said the centre's founder Robert Massoud. "There are so few places in the city that bring people together the same way we did. A big character of the Mirvish Village will be lost."

Beit Zatoun, an Arabic and Hebrew term which means House of Olive, started as a meeting place for people to connect with the Palestinian culture. But it quickly grew to accommodate other communities, and has left a lasting impact on people in the neighbourhood.

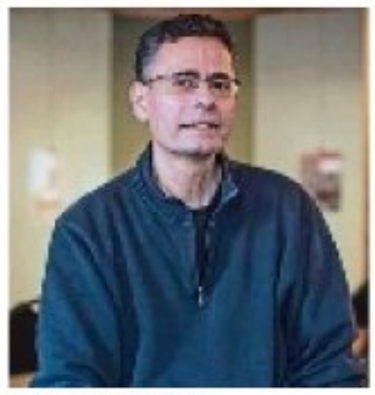
"I'm so sad I will miss the goodbye party," said Leo Panitch as he passed by Sunday to pick up a bottle of olive oil. As a member of the Socialist Project, he and his colleagues often gathered at Beit Zatoun.

"Everyone gravitated to the warmth and welcoming sense of this place. It is very sad to see it go," he said.

While there are no immediate plans to relocate, Beit Zatoun will maintain a virtual presence online and hold intermittent salons going forward. The centre is currently selling off some its possessions and donating others to community centres serving newcomers.

But Massoud hopes someone else will soon pick up the model and continue building on the legacy his cultural hub started.

"This was a good celebration of a wonderful chapter in Toronto's history," he said. "We've got the pot boiling in the grassroots movement, and I would love to see it carried on."



Robert Massoud
EDUARDO LIMA/METRO

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Report reveals the high cost of poverty

SOCIAL POLICY

'Inaction comes at a cost,' say researchers

Poverty in Toronto costs between $4.4 billion and $5.5 billion a year, according to a groundbreaking report on what we all pay in added health care, policing and depressed economic productivity for the city's 265,000 families living on low incomes.

"The cost of poverty reflects the massive economic burden that comes with the problems created by poverty," says the report by social policy expert John Stapleton and research analysts Alexa Briggs and Celia Lee.

The analysis, the first of its kind for a large Canadian city, comes in the wake of reports that Toronto remains the child poverty capital of Canada and on the eve of the city's 2017 budget launch on Dec. 6.

The numbers "tell us that inaction comes at a cost. They tell us that spending on poverty reduction is a good economic investment, in the long run," says the report funded by United Way Toronto and York Region.

When a city makes a plan to cut poverty and invests to make it happen, everybody wins, the report argues.

"It is a net positive," the report says. "Subsidizing transit tickets, while targeted at income inequality, incentivizes transit ridership; this can spin off into traffic management strategies, climate change efforts, and health investments related to emissions and automobile-centre lifestyles."

But the cost of doing nothing is high, the report says.

Past research shows that compared with those with middle and high incomes, people living in poverty pay less tax, are more likely to be unemployed or under-employed, use more social services, and have higher health costs and more interaction with the justice system.

The report is based on an economic model developed by Nate Laurie in 2008 for the Ontario Association of Food Banks, which pegged the cost of poverty in Ontario at $32 billion to $38 billion a year. TORSTAR NEWS SERVICE

BY THE NUMBERS

$4.4B-$5.5B
Total cost of poverty in Toronto

$436M
Crime-related cost of poverty

$322M-$345M
Foregone taxes due to poverty

$23.7M
Cost of hospital stays related to poverty

$730M
Public health-related cost of poverty

$2.9B-$4B
Lost income due to poverty

SOURCE: COST OF POVERTY IN TORONTO

ROADS

Majority support tolls, poll suggests

Torontonians strongly support Gardiner Expressway and Don Valley Parkway tolls if they help fund transit and force non-resident motorists to pay their "fair share," a new poll suggests.

The survey of 2,280 Torontonians by Mainstreet Research for advocacy group Transit Alliance also says Torontonians prefer tolls for transit funding over a Toronto-specific sales tax or property-tax hikes.

"People are finally ready to say we've got to do something to help get transit built and tolling is the right way to go about it," said Sarah Thomson, Transit Alliance chief executive officer. Thomson ran for mayor in 2010 on a platform that included tolls to help fund subway construction.

Noting residents of all 44 wards were polled, she said: "City councillors should take heed of what their constituents want: tolls."

The poll question was: "Proponents of road tolls for the Don Valley Parkway and Gardiner Expressway say road tolls would force non-City of Toronto residents to pay their fare share; critics say road tolls are an unnecessary tax hike." The pollster then asked: "Do you approve or disapprove of introducing tolls on the Don Valley Parkway and Gardiner Expressway to pay for transit and infrastructure?" TORSTAR NEWS SERVICE

Mayor John Tory announced support for road tolls last week. TORSTAR NEWS SERVICE

70%

Some 70 per cent approved of the idea — 52 per cent strongly and 18 per cent somewhat — while one-quarter disapproved, 18 per cent of them strongly. Four per cent were not sure.

IN BRIEF

Victim dies at scene of Riverdale shooting

One person was pronounced dead at the scene of a shooting in the South Riverdale area Sunday afternoon, said Toronto police.

The shooting is Toronto's 61st homicide this year. TORSTAR NEWS SERVICE

Impaired drivers nabbed

The Ontario Provincial Police reported that they have laid more than 70 impaired driving charges this weekend, starting Friday afternoon.

One impaired driver who crashed his car told police, "I was just following my GPS." TORSTAR NEWS SERVICE

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Unit #E1017 Nicole Joseph
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Unit #E2048 Arlene Smith
Unit #E2065 Sheryl Robinson
Unit #E2107 Veronica Barran
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#WomenOnBoards

A Metro special focus

Invisible minorities at the table

EQUAL RIGHTS

Women of colour missing in key decisions in the city

Tara Deschamps
For Metro | Toronto

Towa Beer has sat on a board in the past, but now can't find a spot on others. EDUARDO LIMA/METRO

Towa Beer's resumé is sprinkled with names that would make most people envious.

The Toronto woman has nabbed jobs with provincial government ministries and agencies along with multi-million dollar charities like the Heart and Stroke Foundation.

She's run her own businesses, raised hundreds of thousands of dollars and counted Nike, Mercedes Benz, basketball star Steve Nash and famed songstress Alicia Keys among her clients.

But even after decades of high-profile experience in the arts and social entrepreneurship, the one thing Beer has had trouble landing is a seat in the boardroom.

"Every board I look at is full of men," says Beer, who held a board spot only once, years ago.

"Not only do I have to prove that I am valuable as a female but as a person of colour."

She's not alone. With women occupying only a fraction — less than 30 per cent overall according to a Metro analysis — of corporate and municipal board seats across the GTA, minority women are even harder to spot among the faces at decision-making tables.

"When you map diversity in places of power and privilege in the city, the picture is not that pretty," says Sen. Ratna Omidvar. "The barriers that apply to women apply to minority women, but there is a double glass ceiling for minority women."

That double glass ceiling exists partly because women and minorities are qualified for many board positions, but don't have the same networks as the predominately white male board members who are called on for nominations when spots become available, says Omidvar, who has served on at least a dozen boards.

She helped launch DiverseCity OnBoard, a program that has placed more than 700 people from underrepresented communities on boards. But, she still sits on boards where she is the only minority.

"What I object to is when people say there are no women of colour who can sit on this board," she says.

"That's when I get completely crazy and I always say, 'Give me two days and I will give you a list.'"

Not every board is chosen with recommendations. Some have open application processes, but Beer says they're seldom advertised.

"The only time I hear about them being open is after they've been filled ... then people say 'How come you didn't apply?' and I say, 'Well, I didn't know,'" Beer says. "The process to applying or being accepted to these boards is not very transparent."

Her frustration at the lack of transparency is exacerbated when people "pigeonhole" her by recommending she serve on the boards of minuscule community organizations near Jane and Finch or Rexdale.

"Why couldn't it be on Bay Street? Why couldn't it be for a bank? Why does it have to be relegated to a neighbourhood that is 'at-risk?'" she questions.

"What they're saying is 'Not in my community, not in my backyard. Yes, your skill sets are great, but we can't find any use for them here, because we don't represent black people.'"

Sonya Rathee, who works in the banking industry and is of East Indian descent, is in the interview process for two boards and said she hasn't heard anything discriminatory.

While she doesn't know if her experience is typical, she feels her gender has a more of an impact than her ethnicity.

"I feel like if I was a white guy, I could probably walk in and get a role more easily," she says.

While she would like to see more women and minorities on boards, both she and Sen. Omidvar agree women from underrepresented communities shouldn't just be given spots because of their race or sex.

Instead, it should be because they're experienced and worthy of the job.

"It's important not to think of the colour of people as a competency," Omidvar says.

"There are (minorities and women) who have just as much wisdom as other people but just need someone to open the board to them."

ABOUT THIS SERIES

A Metro analysis of Toronto-based boards shows there's lots of work to be done when it comes to giving women an equal share of power in the private and public sectors.

NEXT MONDAY

Women in waiting: Meet some of the highly qualified women ready to serve.

WHAT YOU CAN DO

Urge companies and city council to make gender parity a priority. Visit **metronews.ca/womenonboards** to contact the mayor and businesses via Twitter.

Share your stories and opinions by using the hashtag **#WomenOnBoards** on Twitter.

Have you been passed over for a board seat? Reach out to us directly via @tara_deschamps.

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The power of 'accidental' advocacy

Bee Lee Soh CONTRIBUTED

Everyday Political Citizens

Tireless activist fighting to have all voices heard

Luke Simcoe
Metro | Toronto

Bee Lee Soh describes herself as an "accidental" advocate.

Now in her 50s, Soh came to Canada from Malaysia in the 1980s, working as a nanny while earning a psychology degree and her citizenship. For much of her life, she never really thought about the political process.

"I thought politics belonged to politicians, not me," she says.

That changed in 2015, when she learned the city was going to reduce its funding to the Agincourt Community Services Association's drop-in program. As an immigrant with no family in Canada, Soh was a regular at the program and said the other members were like "family" to her. She worried that cuts to the program could leave her surrogate brothers and sisters "isolated and depressed."

So, she went to city hall and told council to reconsider. They didn't, but that didn't stop Soh.

"Unless the community brings their issues to their councillors, nothing can change," she said. "Making government more accountable and responsive is how we can bring about change."

A recent deputation she gave at a meeting for Toronto's poverty reduction strategies earned her a standing ovation. Now she's working to get the city to adopt new revenue tools to pay for things like public transit. In the words of Samara Canada, "Bee is the face of grassroots democracy and a true inspiration to anyone who wants their voice heard."

ABOUT THIS SERIES

EVERY YEAR, Samara Canada's Everyday Political Citizen project honours Canadians making positive changes in their communities.

The winner of the 2016 contest will be announced Dec. 8.

Metro is profiling the seven nominees in the Greater Toronto Area.

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Jessica Taylor is earning enough to pay her way through university. She's part of a new wave of older, more professional child minders. EDUARDO LIMA/METRO

CHILDCARE

Taking adventures in babysitting seriously

Genna Buck
Metro | Toronto

At age 10, Jessica Taylor took a babysitting course and started watching neighbourhood kids for five or six dollars an hour.

That was then. Now the 29-year-old University of Toronto student is helping to put herself through school by babysitting 15 hours a week at $15 an hour.

That's about $900 a month.

Casual babysitting in private homes didn't use to be a job so much as an odd job, like lawn mowing. Now, especially in expensive cities like Toronto, caregivers are increasingly professional and well paid.

Dozens of Toronto babysitters Metro surveyed on social media said they command anywhere from $12 an hour up to $20 with additional qualifications such as first aid and CPR or an early childhood education diploma (Taylor has neither).

According to Elize Shirdel, who created DateNight — an Uber-like apps that match babysitters with families for a small cut of their fees — modern parents are more cautious about who they leave their kids with. There's a lot of demand for experienced, qualified, older babysitters who come recommended.

In other words, not the high-schooler down the street.

Most caregivers who use the app are students or recent grads in their 20s, and many are supplementing their income as they pursue freelance work or internships, Shirdel said.

IN BRIEF

Child steals car after playing Grand Theft Auto
The OPP were confronted by a bizarre incident on Saturday night when they pulled over an 11-year-old driver on Hwy. 400: The boy had been playing Grand Theft Auto and decided to borrow his parents' car. OPP units received a call about an erratic driver on Saturday. The car was going north on Hwy. 400 near Major Mackenzie Dr., and was described as swerving between lanes at half the speed limit.

The car got off the highway at King Rd., but then turned around and went south on Hwy. 400 again, this time driving "well over the speed limit," going 120 km/hr, said OPP Sgt. Kerry Schmidt. TORSTAR NEWS SERVICE

Ice cream company fights to save school

MARKDALE, ONT.

Regulations make process difficult for Chapman's

A Canadian ice cream company based in a small Ontario town is trying to keep the single school in its community open amid dozens of proposed closures provincewide — but some are cautioning against private intervention in public schools.

Schools like the Beavercrest Community elementary school in Markdale, Ont. — about 150 kilometres north of Toronto —are slated for closure across Ontario as school boards grapple with declining enrolment and less funding.

"It really means a lot to our community to have an elementary school," said Chapman's Ice Cream vice-president Ashley Chapman, who attended Beavercrest when he was a kid. "It's about the students in Beavercrest: all 200 of them being shuffled up and sent to the other schools in the area."

Chapman noted that about 25 per cent of students at the elementary school are his employees' children.

One of those students is Aidan Shropshire, in Grade 2, whose father works for Chapman's.

Shannon Shropshire said her son is loving and bright —gets straight As and Bs — and is into electronics. But he also has autism, and Shropshire said she's worried her son may not be able to adapt to the changes that would come with a closure of Beavercrest.

"He'll have to go to a new town where nobody knows him," she said. "He's already having anxiety about the school closing." THE CANADIAN PRESS

Aidan Shropshire, 7, sister Kendra, 2, and parents Shannon and Matt at Beavercrest school. WILLY WATERTON/THE CANADIAN PRESS

PROTEST

Healer aims to return

Taz Bouchier was in Standing Rock earlier this month and ran healing ceremonies for protesters, both indigenous and non-indigenous, that often ended in tears.

"To be there in their time of need, I was overwhelmed initially with the amount of trauma that I was able to witness in the various people," said Bouchier, an indigenous elder who was a social worker for several years in Edmonton.

Bouchier is now raising money to go back to Standing Rock, and says her work there is more important than ever.

The Standing Rock Sioux Tribe invited Bouchier earlier this month to provide trauma counselling for the young people protesting the Dakota Access Pipeline.

Protests against the pipeline started this spring, with the Sioux nation arguing a pipeline rupture could contaminate the Missouri river, the main water source for the community.

Bouchier says providing trauma support is more urgent now, given the recent footage showing police spraying protesters with water cannons in sub-zero temperatures.

And she's not the only member of the local community taking notice. Last week Chief Tony Alexis, of the Alexis Nakota Sioux Nation in Alberta, condemned the response from North Dakota law enforcement.

"I am deeply disturbed with the mistreatment of our indigenous brothers and sisters who have the right and freedom for peaceful assembly," he said.

Elder Taz Bouchier
AMEYA CHARNALIA/FOR METRO

TECHNOLOGY

Canadian pair to debut tiny drone at huge event

Aaron Chatha
Metro | Calgary

Drones — coming soon to a pocket on you.

Two Calgarian engineers — Omar Eleryan and Simon Czarnota — have created a camera drone that fits inside a pocket and is controlled entirely by smartphone.

The Cleo drone has proven cool enough to be invited to make its international debut at one of the biggest consumer trade shows in the world: CES (Consumer Electronics Show) 2017.

Eleryan hopes Cleo will be the first consumer-grade drone to be used widely — most drones are expensive, bulky and require a bit of practice to use them right, meaning it's usually just hobbyists and professionals buying them.

"They're large, intimating and potentially hard to fly," stated Eleryan. "Drones need to be safer, smaller and easier to use."

Instead of the usual quadcopter design, the Cleo uses a combination of helicopter and rocket technology — with two stacked blades — to achieve its small design.

It's hooked up with a camera that shoots high definition.

Omar Eleryan teases the drone's design. JENNIFER FRIESEN/METRO

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METROLINX PRESTO

A new day dawns in Cuba

CARIBBEAN

Death of Fidel Castro, 90, elicits grief, hope, doubts

His words and image had filled schoolbooks, airwaves and newspapers since before many of them were born. Now Cubans must face life without Fidel Castro, the leader who guided their island to both greater social equality and years of economic ruin.

Across a hushed capital, people wept in the streets on Saturday as news of the 90-year-old revolutionary's death spread. While many mourned, others privately expressed hope that Castro's passing will allow Cuba to move faster toward a more open, prosperous future under his younger brother, President Raul Castro.

In his twilight years Fidel Castro largely refrained from offering his opinions publicly on domestic issues, lending tacit backing to his brother's free-market reforms. But the older Castro surged back onto the public stage twice this year — critiquing President Barack Obama's historic March visit to Cuba and proclaiming in April that communism was "a great step forward in the fight against colonialism and its inseparable companion, imperialism."

> **We're not celebrating that someone died, but that this is finished.**
> Erick Martinez

Ailing and without any overt political power, the 90-year-old revolutionary icon became for some a symbol of resistance to his younger sibling's diplomatic and economic openings. For many other Cubans, however, Fidel Castro was fading into history, increasingly at a remove from the passions that long cast him as either messianic saviour or maniacal strongman.

On Saturday, many Cubans on the island described Fidel Castro as a towering figure who brought Cuba free health care, education and true independence from the United States, while saddling the country with an ossified political and economic system that has left streets and buildings crumbling and young, educated elites fleeing in search of greater prosperity abroad.

"Fidel was a father for everyone in my generation," said Jorge Luis Hernandez, a 45-year-old electrician. "I hope that we keep moving forward because we are truly a great, strong, intelligent people."

For Cubans off the island, Castro's death was cause for celebration. In Miami, the heart of the Cuban diaspora, thousands of people banged pots with spoons, waved Cuban and U.S. flags in the air and whooped in jubilation.

"We're not celebrating that someone died, but that this is finished," said 30-year-old Erick Martinez, who emigrated from Cuba four years ago.

The Cuban government declared nine days of mourning for Castro, whose ashes will be carried across the island from Havana to Santiago in a procession retracing his victorious sweep to Havana. THE ASSOCIATED PRESS

A mural featuring American author Ernest Hemingway, left, shaking hands with Fidel Castro decorates a wall in a parking lot in Havana, Cuba, on Sunday. Castro, who led a rebel army to improbable victory, embraced Soviet-style communism and defied the power of 10 U.S. presidents during his half century rule of Cuba, died at age 90. THE ASSOCIATED PRESS

REACTION

Trudeau: Castro was a dictator

Justin Trudeau has come under harsh criticism at home for a statement he issued shortly after learning that Fidel Castro had died.

The statement, made in Africa on a trip with a human rights message, praised the legacy of the former Cuban president.

"He certainly was a polarizing figure and there certainly were significant concerns around human rights," Trudeau said on Sunday. Asked directly whether he thought Castro was a dictator, Trudeau said: "Yes."

The Liberal prime minister is facing criticism at home and abroad for a statement he issued shortly after learning that Castro had died at the age of 90. THE CANADIAN PRESS

GETTY IMAGES

Thousands flee oncoming assault

ALEPPO

Syrian, Kurdish forces advance on divided town

Displaced families arrive at a makeshift camp in the government-held district of Jibreen in Aleppo. AFP/GETTY IMAGES

Simultaneous advances by Syrian government and Kurdish-led forces into eastern Aleppo on Sunday set off a tide of displacement inside the divided city, with thousands of residents evacuating their premises, and threatened to cleave the opposition's enclave.

Rebel defences collapsed as government forces pushed into the city's Sakhour neighbourhood, coming within one kilometre (0.6 miles) of commanding a corridor in eastern Aleppo for the first time since rebels swept into the city in 2012, according to Syrian state media and the Syrian Observatory for Human Rights monitoring group.

Kurdish-led forces operating autonomously of the rebels and the government meanwhile seized the Bustan al-Basha neighbourhood, allowing thousands of civilians to flee the decimated district to the predominantly Kurdish Sheikh Maqsoud, in the city's north, according to Ahmad Hiso Araj, an official with the Syrian Democratic Forces.

The government's push, backed by thousands of Shiite militia fighters from Lebanon, Iraq, and Iran, and under the occasional cover of the Russian air force, has laid waste to Aleppo's eastern neighbourhoods.

An estimated quarter-million people are trapped in wretched conditions in the city's rebel-held eastern districts since the government sealed its siege of the enclave in late August. Food supplies are running perilously low, the UN warned Thursday, and a relentless air assault by government forces has damaged or destroyed every hospital in the area.

THE ASSOCIATED PRESS

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Mon., Dec. 5	Tue., Dec. 6	Wed., Dec. 7	Thu., Dec. 8
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590 Rathburn Rd.	5183 Sheppard Ave., E.	89 Church Ave.	789 Yonge St.
Etobicoke	Scarborough	North York	Downtown

Open house begins at 6 p.m. Meeting begins at 7 p.m.
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Your essential daily news
Monday, November 28, 2016

URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION

I believe strongly that I deserve a raise. What's the best way to ask my boss for one?

Dear Ellen,

I would like to know the best way how to ask to increase my salary and how to tell my boss that slavery is over? The guy before me was paid twice as much, did not do half the work I do, and quit in six months. I am in this job two years and my boss is pushing too much about my duties, and extra work.

Signed,

Hard-Working Guy

Dear Hard-Working guy,

I can tell you with 100 per cent assurance that the "best way to ask" is politely. And I can dole out politeness advice that is easy to give and easy to

1. follow:
Do your boss the courtesy of making an appointment ahead of time instead of carrying out an ambush, which will back-
2. fire in any case.
Show up on time ready to present your case —and looking suitably
3. presentable.
Come prepared: Figure out exactly what you want, and why you deserve it. Note that whining about unfairness, or what the other guy made, is not relevant. What's relevant is what you do for the company now, and how valuable your contribution is, in
4. detail.
Jot those details down in case you lose your nerve, or your voice, or your mind,
5. in the meeting.
Listen politely to whatever your boss has to say to you about your request.
6. Regardless of whether you get the raise or not, say thank you and leave.

You owe it to yourself, to your co-workers and even to your horrible boss to be open about your situation.

© Ani Castillo

Now that we've covered the etiquette, let's get to your real question, which is: *How do I get this cheap b— to pay me what I deserve?*

Alas, I'm afraid the answer is pretty much the same. Unless you're prepared to quit, your only other choice is breaking the law: e.g. getting some dirt on the boss and resorting to blackmail; threatening physical violence; making fraudulent claims to increase your perceived worth.

I advise against any of these approaches, not only because they're terribly impolite, but because none of them will help you in the long run. If you get caught, your career and earning power will be over for good. And even if you don't get caught, all that lying and cheating will rot your soul and make you sick and unhappy.

If your boss is as horrible as it sounds, I doubt you'll succeed in your request. But it's important to speak up anyway. You owe it to yourself, to your co-workers and even to your horrible boss to be open about your situation.

Every bit of truth that is uttered takes on a life of its own, and change can't happen without it.

Need advice?
Email Ellen:
scene@metronews.ca

VICKY MOCHAMA

Canada's sneaky-great football culture wins an NFL fan's hard heart

The consensus was that Toronto is not a great home for the Grey Cup.

On a huge weekend for Canadian football fans, you would have been hard pressed to find a Torontonian who knew the Grey Cup was even happening. A friend that couldn't believe the size of the crowds in the city wondered aloud whether the Cavalcade of Lights, the city's tree-lighting event at Nathan Phillips Square, might have been the draw.

Such is the life of a football fan in Canada's biggest cities.

I went to the Grey Cup yesterday at BMO field, on Toronto's exhibition grounds, to experience life with other football fans. Normally, I'm at a local bar where half the crowd is there for the games and the other appear to be on dates. It's not an immersive experience. I hear rumours of places where football is at the centre of social life. Saskatchewan Roughriders fans, I'm told are legendary in their ardour and volume.

At BMO field, the passion and commitment of Canada's football fans was evident. The fans were prepared. Those who had experience this before knew, for instance, that layers are essential. I've never witnessed so many grown-ups wearing long johns in this city

Another phenomenon that I'd never seen in adults who are older than me was outright debauchery. Now, I've been on a wine tour in my life so I've seen middle-aged people party hard. But until yesterday I'd never seen a fifty-plus woman drink three drinks at once.

Nonetheless, it's an incredibly friendly environment and it's a truly national league. (Despite that, it is not a friendly atmosphere for the prime minister, whose taped message unified much of the crowd in booing.)

I spoke to fans from every place that has a CFL team. For many, the Grey Cup is a multi-decade experience. I met a gentleman — a Stampeders fan — who had been to every single Grey Cup game since 1984. The Tiger-cats fan beside me had been to every one for a decade. The foursome of friends in front of us had been to 16 Grey Cups together.

Still,sometimes I had to wonder what the CFL is thinking with some choices. For example, why was Shemar Moore there? Do we not have our own handsome B-list celebrities? Was Hayden Christiansen not available?

CFL fandemonium was new for me, but for so many it's a legacy experience: it marks friendships, marriages, and a love affair with an underestimated sport.

I'm an NFL fan and as such am required to look down on the CFL. But it has something to it. Sure the play is slower and the rules are different, but it has over a hundred years of history and culture.

It's a tradition I was happy to join in: a friendly atmosphere of sport and camaraderie but with OneRepublic playing at half time.

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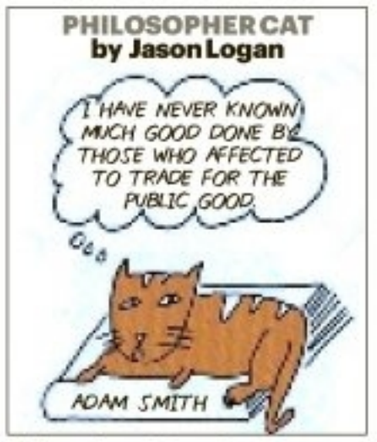

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Aboriginal writer Melanie Florence wins TD Canadian Children's Literature Award for Missing Nimama

5 THINGS WE LEARNED FROM THE WEEKND'S STARBOY

Canadian R&B mysterioso The Weeknd, born Abel Tesfaye, has been teasing listeners for months with a short film and a trickle of songs to whet fans' appetites. Here are a five things to know about his Starboy project, released on Friday. THE CANADIAN PRESS

GETTY IMAGES

1 He may be shading Drake:

Rumours of a rift between The Weeknd and old friend Drake have circulated for years without much evidence. The two knew each other when Tesfaye was getting his career off the ground, but after numerous collaborations on Drake's albums the two appeared to go their separate ways. That's left fans wondering if a line in Sidewalks is a direct shot at the Hotline Bling performer: "Too many people think they made me. Well if they really made me then replace me." Then again, that could also describe a lot of record executives.

AP PHOTO/TURNER CLASSIC MOVIES

2 He's still sombre:

Yes, several tracks are certain to ignite dance floors, but Tesfaye hasn't lost his touch for the debauchery and depressing lyrics that shaped his early career. One of his darkest songs yet, Ordinary Life, has the singer (or the Starboy character?) coming to terms with fortune and fame — and how the lifestyle might destroy him. Telling the story of a suicidal sexual encounter behind the wheel of his car, he sings: "Like I'm James Dean, I'mma die when I'm young."

GETTY IMAGES

3 This isn't the end:

Beyond a global tour set to kick off in the new year, the Weeknd promises more from his Starboy alter-ego. In the interview with Apple Music DJ Zane Lowe, which aired Thursday night, he said a Starboy comic book is in the works and he'd like to pitch it to Marvel or DC Comics.

FREDERIC J. BROWN/AFP/GETTY IMAGES

4 It's star-powered:

Not like The Weeknd needed marquee performers to give his latest album traction, but there's plenty of them here anyway. Robotic duo Daft Punk lend their hands to the opening and closing tracks (lead single Starboy and the funky I Feel It Coming), while Lana Del Ray drifts through the fleeting Stargirl Interlude. Others making appearances include rapper Future (All I Know) and Kendrick Lamar (Sidewalks).

5 Retro sounds are in:

While he doesn't pick a particular decade, a couple songs are fused with the spirit of Throwback Thursday. The funky Secrets borrows from the chorus of the Romantics' 1984 rock hit Talking in Your Sleep and fuses it with a sample of Pale Shelter, a 1982 track from Tears for Fears (pictured). The bootyshaker Rockin' carries a bouncy beat that would fit perfectly in an early 1990s house mix.

MIKE SLAUGHTER/TORSTAR NEWS SERVICE FILE

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Make a list, pack a snack

Holiday stores can be full of temptations so preplan to stay on track. And don't hungry-shop — bring a light snack to keep your energy up, writes Gail Vaz-Oxlade. ISTOCK

Keep your budget and your sanity intact this holiday season by planning ahead and practising self-control at the store

Gail Vaz-Oxlade
For Metro Canada

People find it challenging to plan for the holiday season without blowing their budgets or their minds.

If you didn't create a savings plan at the beginning of the year to accumulate the money you'd need for this holiday shopping season, you may find it a test to really do the holidays justice without making a mess of your budget. Time to get creative:

1. **Make a list and check it twice.** Who doesn't need to be on there? To whom can you give a token gift to celebrate the season? How can you make your gift list fit within your budget?

Secret Santa works at work, why not also among a brood of siblings? Once you have a list, jot down your gift ideas for each person on your list.

2. **Give of yourself.** The very best gifts don't have to cost a lot. Offer your time for babysitting, cooking meals, house cleaning, massaging, sewing, knitting, transporting, or whatever else you're good at.

Clip a picture of the service you'll provide and be clear on how often, as in "I'll babysit one weekend a month from February to June."

Or better yet, make your own coupon book.

3. **Don't hungry-shop.** If you're going to be out shopping for a while, pack a healthy snack and some water. Hunger and thirst have a way of muddling your thinking. Keep your energy up so your brain (and self control) can work properly.

4. **Don't open up all the new store credit card accounts you're offered.** It's super-tempting to get 10 per cent or 20 per cent off your purchase for the day. But think for a minute: stores must be making crap-loads of money on interest and fees to offer you that "special deal."

If you're the sucker who ends up carrying a balance, you'll spend far more in interest than you saved on purchases. Plus, opening and closing store cards can mess with your credit score.

5. **Don't self-gift while shopping.** Don't be one of the 70 per cent of shoppers using the one-for-you-one-for-me approach. Show some self-control!

6. **Use gift cards carefully.** Gift cards are all the rage. Can't think of what to get? A gift card will do nicely. Can't be bothered with the shopping mayhem? Gift card! Forgot to pick something up for Cousin Alice? Gift . . . well, you get my drift. Did you know that tons of gift cards go unredeemed every year?

If you must buy a gift card, make sure you choose a reputable retailer, since you're translating real money into retail dollars you can only spend in one place.

7. **Shop with cash.** Psychologists (and banks) know that shopping with plastic makes you vulnerable to spending more than you planned. Put the money you plan to spend in an envelope and attach your list.

Now you've got a reliable system — since you can't spend more than you've got in your envelope!

If you must use a card, note the amount you plan to spend in a notebook or on your phone.

As you shop, deduct what you've spent.

That'll help to keep the spending experience real.

> Hunger and thirst have a way of muddling your thinking. Keep your energy up so your brain (and self control) can work properly.

For more money advice, visit Gail's website at gailvazoxlade.com

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JOHANNA SCHNELLER
WHAT I'M WATCHING

Dream of being the boss leads to waiving of rights

THE SHOW: Pencils Down! (iTunes, VOD)
THE MOMENT: The present-day echo

Screenwriters and other members of the Hollywood community address the camera in this doc about the 2007 writers' strike. In a show of solidarity, members of the Writers Guild of America — the screenwriters' union — and the people who supported them walked picket lines for 100 days, fighting for residuals for work that ran online (streaming was then brand new).

It wasn't exactly a triumph, but it was a triumph for unionism. This doc contends that the idea of unions has been tarnished, and that's a shame.

"The larger problem is a loss of community in the U.S.," says writer John Bowman. "The libertarian philosophy — every man for himself — has grabbed hold. We all admire a successful CEO. That's a great dream. But the practical reality is, there's only one of them, and there are 200,000 people working for him, who are most likely going to stay one of 200,000."

"If you are not taking care of the average worker, you create an unstable environment," agrees writer Peter Hankoff.

Every historical film, fiction or non, has to have relevance in the time it's released. This one's relevance to the just-concluded U.S. election could not be clearer if the doc makers had scripted it.

Though it may be difficult to think of screenwriting as hard labour, the liberal media here points out a perplexing truth: People's dreams of being the boss lead them to forego their rights as workers. Call it ignorance or naïve hope, but as Trump's 60 million supporters so soundly demonstrated, it's powerful.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Writer, comedian and actress Tina Fey walks the picket line with members of the Writers Guild of America as they picket in front of Viacom headquarters in New York, in this Jan. 9, 2008, file photo. AP PHOTO/KATHY WILLENS

PUNK MUSIC NOT MEANT TO GET NOSTALGIC OVER
Joe Corre, son of Vivienne Westwood and Sex Pistols creator Malcolm McLaren, burned his entire punk collection that he claims is worth £5 million ($8.4-million CDN) on Saturday in London. Corre said he set the rare punk memorabilia on fire because punk has no solutions for today's youth and is 'conning the young.' Corre told the crowd watching his self-styled protest on the River Thames that "punk was never, never meant to be nostalgic."
JOHN PHILLIPS/GETTY IMAGES; AP

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Mega Cyber deals

ONLINE DISCOUNTS

Stay home and get more bang for your buck

Jaclyn Tersigni

If parking lot traffic jams and hour-long checkout queues aren't your thing, don't fret: there's a shopping occasion for you, too. Cyber Monday is the online-only discount extravaganza, where you can reap mega-discounted goods from the comfort of your bed, if you so choose. The deals are just as good as those offered on Black Friday, so you can happily wait until Monday morning. Here's a handful of bargains you'll be able to find.

A perfect gift for the amateur photographer on your holiday shopping list. This drone-plus-camera (1080 pixels, for high-definition footage) set allows for incredible aerial shots.
DJI Phantom 3 Advanced Quadcopter Drone with Camera. On sale for $799.99 (save $280) at Best Buy, bestbuy.ca.

The newest edition of the mega-popular hoverboard comes with built-in Bluetooth speakers. Available in a variety of hues, including pink, yellow, red, white and blue.
Swagtron T3 Hands Free Smart Board. On sale for $499 (save $150) at Staples, staples.ca.

British jewellery brand Links of London is taking 20 per cent off its wares online — including this 18-karat-gold cuff. Bonus: if you spend $595 or more online, you'll receive a complementary, limited edition Timeless Diamond Bracelet (valued at $245).
18K Yellow Gold Vermeil Woven Cuff. $875 (plus 20 per cent off) at Links of London, linksoflondon.com.

Big discounts on Apple products are often hard to come by, making this 33 per cent off deal on an Apple Watch extra tempting. Receive and respond to messages, make payments, control your music, and more, all from your wrist. It is Wi-Fi- and Bluetooth-equipped, and its battery lasts for up to 18 hours on a single charge.
Apple Watch 42MM Stainless Steel. On sale for $369.99 at eBay, ebay.ca.

Canadian aromatherapy retailer Saje Natural Wellness is offering 20 per cent off its online store — including this multifaceted ultrasonic diffuser, and collection of essential oil blends.
Aromagem 2.0 Ultrasonic Diffuser. $74.95 (plus 20 per cent off); Deluxe diffuser blend kit. $84.95 (plus 20 per cent off) at Saje Natural Wellness, saje.com.

This heated hair brush with adjustable temperature controls makes hair-straightening a breeze. It has a six-foot swivel cord, dual voltage, an LCD safety feature.
Haute Brush Hair Straightener. On sale for $29.99 (save $40) at Staples, staples.ca.

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SPORTS

Tessa Virtue and Scott Moir set a record score of 195.84 to win the ice dance event at the NHK Trophy in Japan and qualify for the Grand Prix Final

Grey Cup weekend paints the town red

1 Party officially starts — Redblacks kicker Zach Medeiros gets the 104th Grey Cup underway on Sunday at BMO Field.

2 Bring the horse, of course — As per their tradition, the Stampeders brought a team mascot, pictured checking into a Holiday Inn in downtown Toronto on Friday.

3 Ninth national title — The Laval Rouge et Or rallied past the Calgary Dinos 31-26 in Hamilton on Saturday to capture their ninth Vanier Cup.

4 True colours — A Redblacks fan roots for his team prior to the Grey Cup game.

PHOTOS BY THE CANADIAN PRESS

Redblacks stun Stampeders in OT

2016 GREY CUP

Burris leads underdogs to first franchise championship

Henry Burris threw his third touchdown of the game in overtime as Ottawa shocked the Calgary Stampeders 39-33 to win the 104th Grey Cup.

Ernest Jackson bobbled the pass over the goal-line before gaining control as Ottawa won its first Grey Cup title in franchise history.

Calgary was favoured by double digits heading into the game after finishing with a 15-2-1 regular-season record, while the Redblacks at 8-9-1 were the first team to finish first in a division with a losing record.

But Burris scored on a one-yard plunge on the game's opening drive despite having his left knee lock up during the Redblacks' pre-game warmup, and Ottawa controlled most of the entire game.

The Stampeders turned the game into a thriller, however, charging back from 20 points down and forcing overtime on a Rene Paredes field goal with time expiring in regulation.

Calgary quarterback Bo Levi Mitchell, the recently named season's most outstanding player, threw three interceptions. He also tossed two touchdown passes and 391 yards through the air.

Burris was named the game's most valuable player. Despite his knee ailment, he rushed for two touchdowns to go with his three passing TDs and 461 passing yards.

THE CANADIAN PRESS

The Redblacks' Ernest Jackson enters the end zone for the winning touchdown in overtime Sunday night at BMO Field. NATHAN DENETTE/THE CANADIAN PRESS

104TH GREY CUP

39	33

Henry Burris THE CANADIAN PRESS

UFC

McGregor hands over featherweight title

Newly crowned UFC lightweight champion (The Notorious) Conor McGregor has relinquished the featherweight title with rival Jose Aldo taking over as 145-pound title-holder, a move that has ramifications for the revamped UFC 206 main event in Toronto.

In making the announcement, the UFC also confirmed that the slated marquee fight in Toronto between light-heavyweight champion Daniel (DC) Cormier and No. 1 contender Anthony (Rumble) Johnson had been scrapped due to an injury to Cormier.

5

The Dec. 10 show will be the UFC's fifth in Toronto.

The UFC 206 main event at the Air Canada Centre on Dec. 10 will now pit No. 3 featherweight contender Max (Blessed) Holloway against No. 6 Anthony (Showtime) Pettis with the winner earning the interim 145-pound title and a showdown with Aldo in 2017 to decide the undisputed championship.

The UFC said McGregor had given up the featherweight title "to focus on" the 155-pound lightweight championship. That goes against the Irish fighter's repeated statements that he wanted to hold both belts. But it makes life easier for the UFC which can now operate the two divisions independently.

McGregor (21-3-0) added the lightweight title to his collection when he dispatched Eddie Alvarez via second-round KO at UFC 205 on Nov. 12.

THE CANADIAN PRESS

Conor McGregor's reign as a dual title holder lasted two weeks. GETTY IMAGES

Sounders sensation boots mates to Cup

MLS PLAYOFFS

Seattle will face either TFC or Impact in league final

Jordan Morris' sensational rookie season was in jeopardy when he was sick to his stomach Friday. He's feeling a lot better after his performance Sunday.

Morris scored in the 56th minute and the Seattle Sounders advanced to their first MLS Cup, beating the Colorado Rapids 1-0 on Sunday in Commerce City, Colo., in the second leg of the Western Conference final.

Nelson Haedo Valdez set up the goal to help Seattle take the series 3-1 in aggregate scoring. The Sounders will play Toronto or Montreal on Dec. 10 for the league title.

Toronto hosts Montreal in the second leg of the Eastern final Wednesday night. The Impact won the first leg 3-2 in Montreal.

Jordan Morris GETTY IMAGES

Seattle will host the final if Montreal prevails, but will travel to Toronto if needed.

A win there will cap an improbable turnaround for Seattle, which started the year 6-12-2 under coach Sigi Schmid but went 8-2-1 after Brian Schmetzer was named interim head coach to get in the playoffs.

"It's funny looking back. Everybody thought we were dead in the water and now we move on," Morris said. "This team always believed we were good enough to make it and we proved a lot of people wrong. We've got one more game to go."

Morris, who was named the MLS Rookie of the Year on Nov. 10 after scoring 12 goals, said his stomach was hurting Friday and Saturday but started to feel better Sunday morning when he woke up. He was good enough to deliver a clutch goal.

Seattle celebrates after winning the MLS Western Conference championship. DAVID ZALUBOWSKI/THE ASSOCIATED PRESS

"He's not only strong physically, he's also strong mentally," said Schmetzer, who had the interim tag removed Nov. 2.

The Sounders won the first leg of the series in Seattle 2-1 on Tuesday night and needed only a tie to advance. They got more than that with a big goal from Morris.

THE ASSOCIATED PRESS

ENGLISH PREMIER LEAGUE

Mourinho loses cool in latest United draw

Hired to revitalize Manchester United, Jose Mourinho is instead turning the clock back and losing his temper in public.

A 1-1 draw with West Ham on Sunday left United 11 points behind leader Chelsea and without a win in four league matches at Old Trafford for the first time since 1990.

That dry home spell came toward the end of a 26-year title drought which ended in 1993 with Alex Ferguson collecting the Premier League trophy. Ferguson retired in 2013 with 13 title triumphs to his name and Mourinho was appointed to recreate the Scot's winning mentality at the club after three lacklustre years under David Moyes and Louis van Gaal.

The only current similarity between Ferguson and Mourinho, who was fired a year ago by Chelsea, is the fiery temper on the Old Trafford touchline. At least with Ferguson it produced results.

Mourinho was sent to the stands for the second time in a month on Sunday after becoming enraged and kicking a water bottle after Paul Pogba was booked for an apparent dive.

United had just recovered after conceding inside 90 seconds from Diafra Sakho's header.

Pogba set up Zlatan Ibrahimovic to nod in the equalizer in the 21st minute.

Mourinho GETTY IMAGES

United faces a second season out of the Champions League and a 30 per cent drop in sponsorship cash from Adidas of around 20 million pounds ($25 million). After a third of the season, United is eight points behind Arsenal in the fourth spot to qualify for Europe's elite competition.

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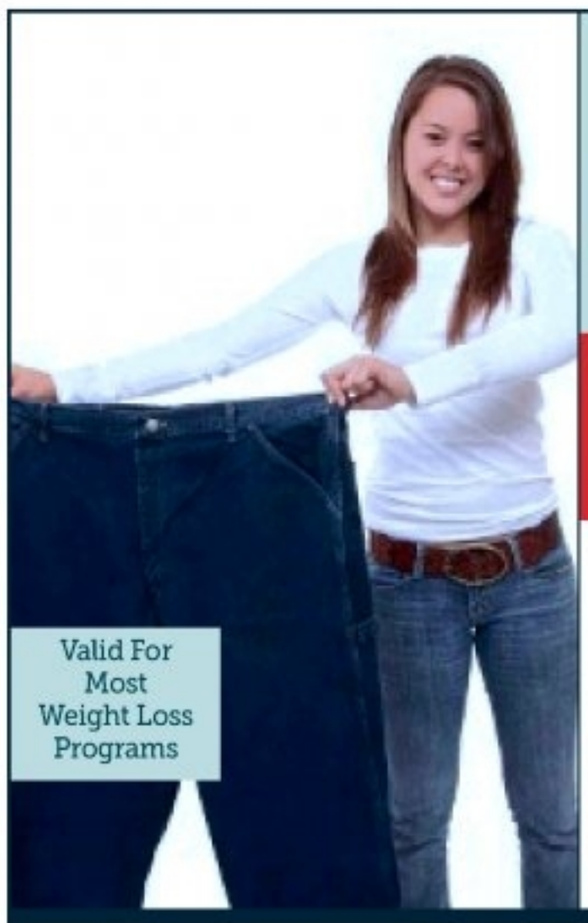

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Suh's fins slam door on Niners

NFL

Kaepernick's comeback bid stopped short of end zone

Ndamukong Suh stops Colin Kaepernick to seal the Dolphins' win on Sunday in Miami. MIKE EHRMANN/GETTY IMAGES

Colin Kaepernick drew boos at the start of the game. By the end, he had Miami Dolphins fans holding their breath.

Ndamukong Suh tackled Kaepernick two yards short of the goal line as time ran out, and the Dolphins handed the San Francisco 49ers a franchise-record 10th consecutive loss by winning 31-24 Sunday.

Ryan Tannehill threw for 285 yards and three scores to compensate for an uncharacteristically sluggish Miami ground game.

Kaepernick, who has drawn mixed reactions for kneeling during the national anthem all season, was jeered loudly in the early going for his political views. He threw for 296 yards, ran for 113 and rallied the 49ers after they trailed 31-14 midway through the fourth quarter.

With the margin down to seven, Kaepernick moved the 49ers from their 38 to the six in the final 1:44, converting a fourth-and-11 along the way. But he threw incomplete on first down, and then was tackled from behind by the 305-pound Suh while trying to elude linebacker Kiko Alonso on the final play.

"I just played what I saw," Suh said. "I had a one on one against a guard. I needed to beat him and then get to the quarterback. It's not the cleanest or best way to get it done, but we got it done."

Kaepernick said the play was called as a pass, and he faked a throw before taking off.

"I thought we had a seam to get in there and didn't make it," he said.

Kaepernick passed for three TDs, but the 49ers (1-10) still haven't won since Game 1.

Instead, the Dolphins (7-4) extended their winning streak to six games, their longest since 2005. THE ASSOCIATED PRESS

DAVIS CUP ARGENTINA RALLIES TO WIN DAVIS CUP IN ZAGREB Argentina won its first Davis Cup title on Sunday when Federico Delbonis swept past Ivo Karlovic in straight sets to complete a stunning 3-2 comeback win over Croatia. Going into reverse singles Sunday, the Croats were leading 2-1 in the best-of-five-series after winning doubles Saturday. Juan Martin Del Potro then rallied from two sets down to beat Marin Cilic 6-7 (4), 2-6, 7-5, 6-4, 6-3 as Argentina drew level at 2-2. AFP/GETTY IMAGES

IN BRIEF

Raps trio return to the 6

The Raptors recalled first round draft pick Jakob Poeltl from their NBA development league affiliate on Sunday.

Bruno Caboclo and Fred VanVleet were also recalled from Raptors 905.

All three players were in action for Raptors 905 on Saturday in a 100-91 loss to the Maine Red Claws.

THE CANADIAN PRESS

Jets rejuvenated at home

Connor Hellebuyck made 42 saves and Drew Stafford scored his first goal of the season Sunday afternoon as the Winnipeg Jets ended a five-game losing skid with a 3-0 victory over the Nashville Predators.

Mark Scheifele and Adam Lowry added empty-net goals for the Jets (10-12-2).

THE CANADIAN PRESS

Danes deliver World Cup golf glory in Melbourne

Denmark fought off a three-pronged attack to win golf's World Cup at Kingston Heath on Sunday.

Soren Kjeldsen and Thorbjorn Olesen held their nerve after a four-shot overnight lead was threatened by China, France and Sweden.

THE ASSOCIATED PRESS

Like father, like son: Rosberg F1 champ

AUTO RACING

Second-place finish at Abu Dhabi lifts him past Hamilton

Nico Rosberg will no longer be known simply as the son of Formula One champion Keke Rosberg.

The German driver is now a champion in his own right after clinching his first title on Sunday to match his father's achievement from 1982.

"Two Rosbergs are world champions ... if I've got my statistics right," Nico Rosberg joked moments after clinching the title.

Graham Hill (1962, 1968) and Damon Hill (1996) are the only other father and son to have won the title.

Rosberg's second place at the season-ending Abu Dhabi Grand Prix was enough to wrestle the title away from Mercedes teammate Lewis Hamilton and also prevented his archrival from clinching his third straight and fourth overall.

"It's unbelievably special to beat him because the level's so high," Rosberg said. "It makes this so much more satisfying for me, because he's the benchmark and I took the world championship away from him."

Rosberg ended on 385 points to Hamilton's 380.

Just like his father, Rosberg drives in the No. 6 car.

Nico Rosberg celebrates in Abu Dhabi. CLIVE MASON/GETTY IMAGES

His 67-year-old father was one of the most flamboyant drivers of his generation.

"Every Saturday night I get a text from him: 'Pedal to the metal.' That's it," Rosberg said. "It's been good how he's let me get on with it and taken a step back. So I'm very thankful for that."

Rosberg's title went down to the wire in a nerve-shredding finale.

"I was relieved" his father said after the race in the F1 paddock. "Two laps from the end I was nervous."

With Hamilton purposefully slowing him down, two other drivers hard on his tail and the title on the line, Rosberg did not crack.

Hamilton won the race from pole position for his 53rd GP win. But Rosberg was 12 points ahead of him before the race and only needed to finish no lower than third if Hamilton won.

"It was so intense, the race, so tough," said the 31-year-old Rosberg, who finished runner-up to Hamilton in the past two years.

Rosberg repeatedly wiped his face and lowered his head several times in the post-race news conference, appearing emotionally exhausted as he tilted back into his chair and rubbed his eyes.

Still, he expects to find plenty of energy to celebrate his win.

"Tonight's going to be absolutely nuts," he said. "I don't think I'm going to be available for a few days ... Can't believe it's over. I'm ecstatic."

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RECIPE Spaghetti and Meatballs

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

You'll love this spin on a classic.

Ready in 70 minutes
Prep time: 30 minutes
Cook time: 40 minutes
Serves 4

Ingredients
- 1 onion, chopped fine
- olive oil
- 2 or 3 cloves of garlic, minced
- 1/4 tsp nutmeg
- pinch of cinnamon
- pinch of chili flakes
- 1 tsp salt
- 1x28 oz. cans of plum tomatoes
- good splash of red wine vinegar
- 1/2 tsp pepper
- 1/2 cup panko or bread crumbs
- 1/2 cup grated Parmesan
- 1 egg
- 1/2 lemon's worth of zest
- 1 lb. ground beef

Directions

1. Saute onion in a glug of olive oil for 4 minutes. Add garlic, nutmeg, cinnamon, chili, salt and pepper. Cook for a couple more minutes.

2. Take half the onion and garlic mixture and put it in a large bowl. Add tomatoes and red wine vinegar to remaining onions in pan and simmer.

3. To onion mixture in bowl, add panko, grated Parmesan, egg, lemon zest, and meat. Combine and form into 1-inch balls.

4. Put pot of water on to boil for your pasta.

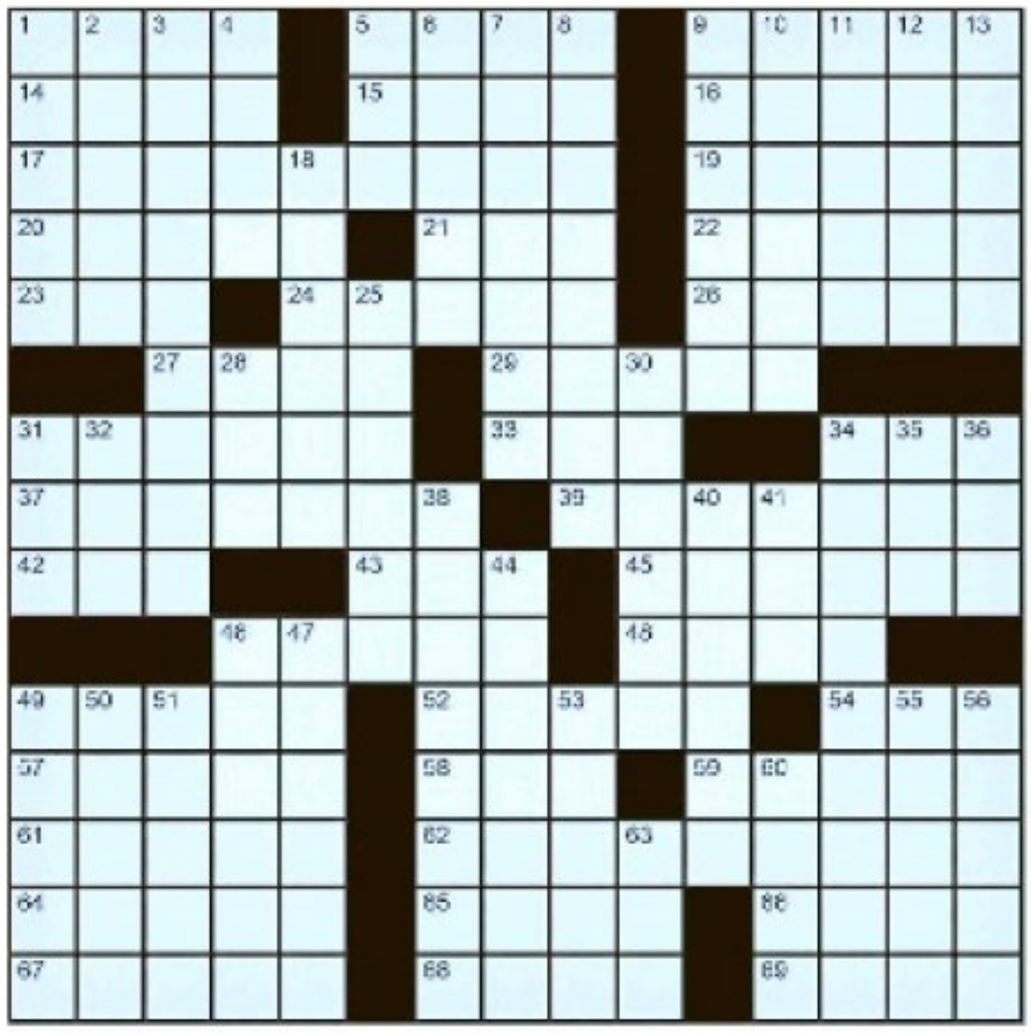
5. In a separate pan, cook meatballs over a medium heat until browned and cooked through. You'll probably have to do it in two batches. Add them to the sauce and continue to let simmer

6. Cook your pasta to al dente and serve.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Eugene O'Neill play, _ Christie
5. Kitchen amt.
9. "Beau _" (1939)
14. 1970s fad, _ rings
15. Harp, in Italy
16. Like bits of porridge
17. Energy company headquartered in Saint John, New Brunswick: 2 wds.
19. Pedestal
20. Express
21. Alias acronym
22. Gumption
23. "Hush."
24. Accountant's review
26. Vexed
27. Pull in pay
29. Brisk as a late Fall day
31. Comic actor David, and surnamesakes
33. Long-snouted fish
34. Tavern
37. 'Musical' membrane?
39. Salad staple
42. AC/DC song
43. Sales pro
45. The space under a leafy tree on a sunny day
46. Bleak, in poetry
48. Trudged
49. The _ Stooges
52. Cereal brand, _ Puffs
54. "Uh-huh!"
57. Carriers of blood
58. Friend of Canada, e.g.
59. Sugar: French
61. Beatles: "Sexy _"
62. Northeastern Ontario town, home of the Ontario Loggers Hall of Fame
64. Women's tennis great Chris
65. Type size
66. Mr. Cassini (First Lady Jacqueline Kennedy's designer)
67. Newbies
68. Billy Ray Cyrus' "_ Breaky Heart"
69. Seven, in Portugal

DOWN
1. Haywire
2. "_ Country" (2005) starring Charlize Theron
3. Song by Canadian band Spoons that starts "Architects of the world / I walk your streets and live in your towns...": 2 wds.
4. Prospector's passage
5. Product's price-putting place
6. Wide ranging
7. Touchdown getter's celebratory move in the end zone with the football
8. Grand, like Versailles
9. "_ Girl" (Blake Lively show)
10. Menu establishment
11. Filled the air like sardines
12. Uptight
13. Wrapped up
18. More within reach
25. Not certain
28. Contribute
30. "There you have it!"
31. Established
32. Pot's kitchen pal
34. Martini-glass-holding character for Scott Thompson on "The Kids in the Hall": 2 wds.
35. Genius
36. Corrector's pen choice
38. "I'm sorry.": 2 wds.
40. Be a caught shark, do this
41. Spiritual 'way'
44. Commonplace
46. Movie great Robert: 2 wds.
47. Puts back to zero
49. RCA product: 2 wds.
50. Bad guy, in a movie
51. "Easy _" (1969)
53. Fisherman's count
55. Word on a Quebec stop sign
56. Pruned property partition
60. Li'l Martian crafts
63. Coral reef

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
It's important to grab every opportunity to expand your horizons. Travel or learn new things, because this is what will please you the most right now.

Taurus April 21 - May 21
Take care of loose details related to red-tape matters like insurance issues, inheritances, taxes, debt and shared property. Don't let these loose ends nag you.

Gemini May 22 - June 21
Remember to get more sleep, because the Sun is opposite your sign at this time of year. You definitely need more rest. That's the way it works.

Cancer June 22 - July 23
Do whatever you can to feel better organized. Tidy up loose ends both at home and work, because this will make you feel mentally and emotionally stronger.

Leo July 24 - Aug. 23
This is a playful time of year for you. Enjoy fun activities with children, the arts, social outings, sports events and any chance to express your own creative talents.

Virgo Aug. 24 - Sept. 23
It's most appropriate that you focus on home, family and your private life at this time. Home repairs plus interactions with relatives, especially parents, are important.

Libra Sept. 24 - Oct. 23
You have a strong desire to enlighten others about something. You want to write, talk and express your ideas in any way that you can. Fortunately, others will listen.

Scorpio Oct. 24 - Nov. 22
As you think about money, cash flow and earnings at this time, basically, you are dealing with your values. It's important to know what really matters in life.

Sagittarius Nov. 23 - Dec. 21
This is your chance to replenish yourself for the rest of the year. Talk to others and ask for what you want and what you need. Resources will come to you now.

Capricorn Dec. 22 - Jan. 20
Use this time to plan ahead for your new year (birthday to birthday). If you set goals, especially with deadlines, you are more likely to achieve what you want.

Aquarius Jan. 21 - Feb. 19
Share your hopes and dreams for the future with someone today, because his or her feedback will help you. Someone younger might have ideas that you admire.

Pisces Feb. 20 - March 20
Because you look favourable in the eyes of bosses, parents, teachers and VIPs at this time, make your move! Push your own agenda forward, because you will get what you want.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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1	8	9					2	7
		3						
7				5	8			
			4	1				3
						7		
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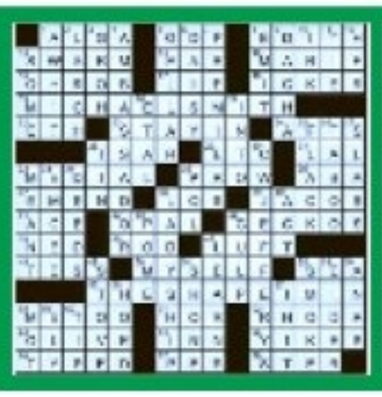
FRIDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



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1	6	4	3	9	2	8	7	5
5	2	8	4	1	7	6	3	9
7	1	6	9	4	8	2	5	3
9	5	2	6	7	3	1	8	4
8	4	3	1	2	5	9	6	7

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